



Charcoal BBQ & Oven

We love using traditional BBQ'ing & smoking methods with our Big Green Egg. You'll also find plenty of other cooking styles and tastes as we move through the seasons.

Our trusted suppliers:

Meat: Ray Camplejohn, been in the business 60 years. Syston

Vegetables: Stuart @ the Veg Factor, Veg sourced locally & daily trips to Covent garden. Barrow upon soar

Cheese: Tim @ the Melton Cheese Board. Melton Mowbray

Ice creams: Jude's Winchester

Local bakery. Emerson & Wests Market Harborough

Fish: M&J Seafood, the best possible fish. Birmingham

TRADITIONAL SUNDAY MENU

(ON SUNDAY FUNNILY ENOUGH)

Two Courses £19.50

Three courses £24.00

12-6pm

GARDEN ROOM & TERRACE

Please ask if you have a special occasion coming up and we seem to fit the bill.

L.A. STEAKS

Deals... steals...

steaks of the flamin' century

Steak Night: Thursdays 5.30-9.30pm

WEEKEND BREAKFASTS

Now serving brekkie on Saturday & Sunday mornings

PUB QUIZ

Every Sunday from 7.30pm

Rollover jackpot

Complimentary nibbles

FOOD SERVICE TIMES

Monday 12-2.30pm, 5.30-9.30pm

Tuesday 12-2.30pm, 5.30-9.30pm

Wednesday 12-2.30pm, 5.30-9.30pm

Thursday 12-2.30pm, 5.30-9.30pm

Friday 12-2.30pm, 5.30-9.30pm

Saturday 9.30am-9.30pm

Sunday 9.30am-6pm

SANDWICHES

available 12-5pm Monday - Saturday

All sandwiches are served with a dressed salad garnish

The LA BLT (bacon, baby gem & tomato), toasted white or brown farmhouse bread, home cut chips (ga)	£9.00
Our famous fish finger sandwich, home made tartare sauce, white or brown farmhouse, home cut chips	£9.50
Rare roast 35 day steak, mushroom & stilton sauce, ciabatta, home cut chips (ga)	£10.00
Grilled tuna melt, Calverley Crunch cheddar, white or brown farmhouse, home cut chips	£9.50
BBQ pulled jackfruit, tortilla wrap, vegan coleslaw, home cut chips (vegan)	£8.75

STARTERS & LIGHT LUNCH

Small/large

Home made soup, local breads (v,ga)	£5.25
Emerson & West's bakery toasted spelt & honey bread, balsamic reduction, whipped butter (v)	£3.80pp
Whole steamed globe artichoke, citrus dressing, toasted almonds (vegan,g)	£6.50/£12.50
<i>(available as a main with Jersey Royals)</i>	
BBQ mackerel fillet, fennel & orange salad, house vinaigrette (g)	£6.75
Spiced lamb kofta, tomato & red onion salad, mint yoghurt, flat bread (ga)	£6.75
Crab crostini, saffron aioli & dressed leaves (ga)	£7.00
Chicken, parma ham & leek terrine, tarragon piccalilli, toasts (ga)	£6.50
Roast cauliflower steak, chilli yoghurt, cauliflower cous cous (v,g)	£6.50/£12.75
<i>(available as a main course with dressed seasonal salad)</i>	
Seared scallops & king prawn, salsa verde, saffron, shallot rings (g)	£10.00/£20.00
<i>(available as a main with buttered Jersey Royals)</i>	

Our Famous 'Taste of The Arms' platter

A selection of starters and classics in miniature *(minimum two people to share):*

Soups & breads; Crispy whitebait; Honey & mustard roast ham; BBQ Mackerel (g); Chicken, parma ham & leek terrine, tarragon piccalilli, toasts (ga); Globe artichoke (v) £9pp

EARLY SUMMER MAINS

Cajun chick peas, roasted sweet potato & red onion, crispy kale, harissa mayo buddha bowl (vegan,g)	£13.00
Chargrilled Thai green chicken breast, bean sprout & mange tout salad, Thai dressing (g)	£14.00
Seafood, garlic, chilli & parsley linguine, toasted sour dough	£15.00
Confit duck leg, butter bean, herb & white wine cassoulet, local breads (g)	£15.25
Roast English lamb rump, ras el hanout potatoes, roast red onion, pomegranate molasses (g)	£17.50
Pan fried herb crusted cod supreme, kimchi cabbage, charred pak choi (g)	£16.00
Seared scallops & king prawn, salsa verde, saffron, shallot rings (g)	£10.00/£20.00
<i>(available as a main with buttered Jersey Royals)</i>	
Vegetarian dish of the day ... please ask	£M/P
Season's best... showcasing the best meat and vegetables, please ask	£M/P

SHARERS & CLASSICS FROM THE CHARCOAL

Our famous 35 day aged (Hereford, 14oz) Chateaubriand for two to share, gratin baby potatoes, green beans, pepper sauce (g)	£24.50pp
Chargrilled 14oz bavette of beef to share (served medium), home cut chips, kimchi, onion rings, rocket salad, garlic butter (ga)	£15.00pp

STEAKS, BAKES & KITCHEN CLASSICS

Scampi in a basket, home cut chips, chunky tartare	£11.25
Fish & Chips: sustainably caught, ale battered fish, garden pea purée, home cut chips, chunky tartare	£13.00
Today's pie ... please ask... our pies may take up to 20 minutes as they don't go near a microwave	£M/P
LA burger, seeded brioche bun, cheddar & bacon, leaves, gherkin & tomato relish, slaw, onion rings, home cut chips	£13.00
<i>Add: Fried egg £1.00; Swap Cheddar for Stilton 50p</i>	
Thick cut honey & mustard roast ham, home cut chips, duck egg, homemade pineapple chutney (ga)	£13.00
8oz chargrilled sirloin steak (35 day aged, Hereford), pub dried tomato, home cut chips, peppercorn sauce (ga)	£21.00
Pan fried 6oz fillet (35 day, Hereford), pub dried tomato, garlic butter, skinny fries (ga)	£24.50

SIDES

Baby potatoes	Buttered English greens	Skinny Fries/Home cut chips	£3.25
Peas & bacon	Onion rings		
Cheesy chips	Rocket & Parmesan salad	English side salad	£3.75

Please ask for full allergy information. Dishes may contain nuts or nut traces. Fresh fish, unsurprisingly, may contain bones.

Pies will be made with love and puddings may contain calories. Weights are shown uncooked.

We're only human, if we make a mistake please take time to tell us, we can help you, trip advisor can't!

Our staff receive 100% of any tips. Service is not included. (v) Suitable for vegetarians. (g) gluten free. (ga) gluten adaptable